COMMUNITY LIVING
North Perth



WINTER 2026

Recreation Catalogue

New Program Catalogue Released Every 2 Months!



Programs Run From
Nov. 2nd – Dec. 31st
Register By Oct. 26th

Phone Number:
1-519-291-1350 ext. 438

Email:
cscheltema@clnorthperth.ca

COMMUNITY LIVING
North Perth

Save the Date

CLNP HOLIDAY PARTY

December 16, 2026

Parkview Gardens
575 Elizabeth St E, Listowel

Join us for an evening of celebration and holiday cheer!

Halloween MARKET

CLNP will be at the Spooktacular Night Market on Oct. 30, visit our socials for more information.

HOLIDAY MARKET

Stop by the CLNP booth at the Listowel Christmas Market at Between the Lines Sports. The market runs from 10am-2pm on Sunday, Nov. 8.

RESPITE DAY PROGRAM

Ask us about our new Respite Program! Spend your Fridays in a home-like setting where you can make connections, build new skills, and have fun through engaging activities. The program runs every Friday from 8-4pm and is available for $1,250 per 3-month session.

Registration is now open for our November programming.

Catalogue Guide

Need Help Registering?

Coby, our Individualized Support Specialist, can help you register. Her contact information is on the front cover of this catalogue. Registration opens every eight weeks for a new season of courses. If you're interested or have questions, please contact Coby. She's happy to help.

Catalogue Legend

MEAL INCLUDED
A full meal is included in this activity.

MEAL $ (OWN EXPENSE)
A meal is available at this activity at your own expense.

TRANSPORTATION INCLUDED
This activity is out of town. Transportation is included in the cost of the activity.

COMMUNITY ACTIVITY
This is a local community activity. Transportation is not included. Participants may walk or arrange transportation at their own expense.

Winter Wellness at DynaFit



Cost $300

When: Tues. Nov. 3, 17 & Dec. 1, 15 from 9:30am-10:30am
Where: DynaFit
Attendance: 4-6

Ready to get moving? Come to DynaFit to learn fitness basics, how to use gym equipment, and how to exercise safely. Build your confidence, learn new skills, and feel ready to keep up your fitness routine on your own!

Recreation Courses

Indoor Swimming



Cost $410

When: Wed. Nov. 11, 25 & Dec. 9, 10:00am-2pm
Where: Woolwich Memorial Centre
Attendance: 4

Dive into fun and fitness with our Indoor Swimming course. A refreshing and low-impact activity that is perfect for all ability levels. Build water safety skills, improve fitness, and boost confidence in the water!

Lunch Cooking Club



Cost $305

When: Wed. Nov. 18 & Dec. 2, 16, 10:30am-12:30pm
Where: CLNP Kitchen
Attendance: 4-6

Build healthy cooking skills while preparing nutritious meals. Explore simple recipes, healthy ingredients, and food safety in a fun, social setting that promotes confidence in the kitchen.

Pottery Class

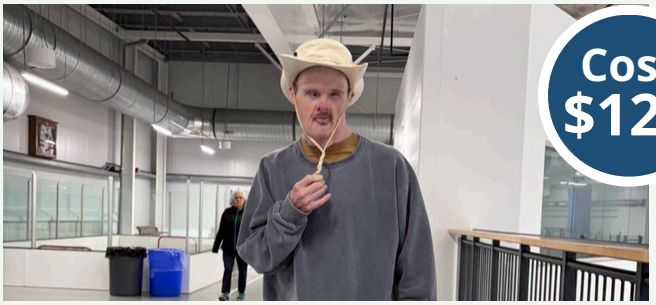


Cost $285

When: Thurs. Nov. 19 & Dec. 17, 1:30pm-3:30pm
Where: CLNP Lounge
Attendance: 3-4

Express your creativity through pottery while learning hand-building techniques and creating a unique piece to take home.

Movement & Mindfulness



Cost $120

When: Tue. Nov. 24 & Dec. 8, 9:30am-10:30am
Where: Steve Kerr Arena
Attendance: 4-6

These mornings, we will get moving as we practice some mindful walking, stretching and breathing exercises at the Steve Kerr walking track.

One Time Activities

Dinner Club



Cost $100

When: Thurs. Nov. 5, 5:30pm-7:30pm
Where: Veky's
Attendance: 4-6

Dinner Club is a fun and supportive way to build independence while enjoying good food and socializing. Participants practice reading menus, making choices, and ordering with confidence.

Indoor Sports



Cost $100

When: Tue. Nov. 10, 9:30am-10:30am
Where: LEMC
Attendance: 4-6

Stay active, have fun, and connect with others with Indoor Sports at LEMC. Whether you're looking to improve your fitness, build teamwork, or enjoy some friendly competition, it's the perfect opportunity to keep moving.

Royal Winter Fair



Cost $300

When: Thurs. Nov. 12, 10:00am-6:00pm
Where: Toronto
Attendance: 4

Come join us for an exciting day at the Royal Winter Agricultural Fair! See amazing butter sculptures, enjoy horse and dog shows, watch square dancing, and discover so much more. It's a fun-filled day with something for everyone.

Wellness Day



Cost $140

When: Tue. Nov. 24, 1:30pm-4:30pm
Where: CLNP Lounge
Attendance: 4-6

Take part in Wellness Day! Together participants will play some active games, make a healthy snack, practice some breathing exercises, and team-building games.

One Time Activities

Winter Wreath Making



Cost $105

When: Thurs. Dec. 3, 1:30pm-3:30pm
Where: Listowel Greenhouse
Attendance: 4-6

Feeling creative? Make some beautiful winter decor at the Listowel Greenhouse. You can handmake something purposeful and beautiful while learning new skills and connecting with the community.

Gift of Lights and Dinner



Cost $180

When: Thurs. Dec. 3, 4:00pm-9:00pm
Where: Bingemans & Boston Pizza
Attendance: 4-5

Enjoy a delicious meal with peers at Bingemans Boston Pizza, then get into the holiday spirit with a magical drive-through light display! It's the perfect way to share great food, festive lights, and fun with friends.

Holiday Bingo



Cost $65

When: Tue. Dec. 8, 2:30pm-3:30pm
Where: Queen St.
Attendance: 4-6

Jump into festivities by participating in Holiday BINGO. There is always a chance you could win a prize for playing!

Gift of Lights



Cost $115

When: Thurs. Dec. 10, 6:00pm-9:00pm
Where: Bingemans
Attendance: 4-5

Enjoy a magical drive-through holiday light show at Bingemans! Take in the sparkling lights, festive displays, and holiday spirit for a fun and memorable outing.

One Time Activities

Holiday Extravaganza





Cost $135

When: Thurs. Dec. 24, 12:30pm-3:30pm
Where: CLNP Lounge
Attendance: 4-6

Get in the holiday spirit at CLNP. Wear your ugly sweater or holiday pj's and make a gingerbread house, watch a movie, and play some reindeer games.

New Year's Celebration





Cost $105

When: Thurs. Dec. 31, 1:30pm-3:30pm
Where: CLNP Lounge
Attendance: 4-6

Cheers to the New Year at CLNP with fun games and activities. Learn about New Year's traditions around the world and create your own New Year's resolution.

COMMUNITY LIVING
North Perth

Since 1958

INSPIRING POSSIBILITIES